

Corporate lunch menu

Week 1

Monday

Grilled chicken breast with butternut, green beans and roast potatoes

Tuesday

Sheppard's pie with mixed roast vegetables

Wednesday

Fried fish and chips with mixed salad

Thursday

Coconut chicken stir fry with egg noodles and Asian salad

Friday

Lamb hot pot with herb rice and steamed broccoli and cauliflower

Week 2

Monday

Chicken schnitzel with mash potatoes and mixed roast vegetables

Tuesday

Spaghetti bolognese with roast pepper, basil and feta salad

Wednesday

Moroccan lamb stew with vegetable couscous salad

Thursday

Vegetable lasagne with tuna salad

Friday

Sweet and sour beef stir fry with egg noodles and vegetables

Week 3

Monday

Crumbed fish with creamy mash and minted peas

Tuesday

Beef stroganoff with herb rice and chef's salad

Wednesday

Chicken curry with couscous and a tomato, basil and feta salad

Thursday

Bobotie with yellow rice and mixed roast vegetables

Friday

Chicken a la king with tagliatelli pasta with blanched greens

Week 4

Monday

Chilli con carne with rice and Mexican salad

Tuesday

Orange chicken with basmati rice and Asian vegetables

Wednesday

Beef lasagne with chickpea salad

Thursday

Lamb and bean stew with roast vegetables

Friday

Chicken pie with chefs mixed salad